

Year 1, Semester 1

Essential Reading

As a bare minimum, consider buying the following texts. It is difficult to see how a student could get by without buying or having very frequent access to these.

- Naish J, Revest P, Syndercombe Court D (2009) *Medical Sciences* (Elsevier) ISBN 978-0702026799 – this is the main course book for Biomedical and Clinical Sciences in Years 1 and 2
- Alder B, Abraham C, van Teijlingen E, Porter M, (2009) *Psychology and Sociology Applied to Medicine*. 3rd edition. (Elsevier Churchill Livingstone) ISBN 978-0443067877 – this is the main course book for Health, Ethics and Society in years 1 & 2
- H P Rang, M M Dale, J M Ritter, P Moore *Pharmacology* Edition 6 (Churchill Livingstone) ISBN 9780443069116 – this is the main pharmacology book in years 1-5

And either one of the following (which cover anatomy, not covered well in Naish *et al.*);

- Gilroy, MacPherson and Ross *Atlas of Anatomy* (Thieme) ISBN 978-1604060621
- OR -
- Moore, Dalley and Agur *Essential Clinical Anatomy* (LWW) ISBN 978-0781762748

Recommended Additional Reading

You may also consider the following texts. . Some of these are particularly important for Year 1, Semester 2 onwards. They are available in the library

- Levison D, Reid R, Burt A, Harrison D, Fleming S, *Muir's Textbook of Pathology* (Hodder) ISBN 0340740629.
- Hope T, Savulescu J, Hendrick J. *Medical Ethics and Law: The Core Curriculum*. 2nd edition. Churchill Livingstone, Edinburgh, 2008. Shelfmark: W 33 FA1 Hop 2008.
- Ogden J. *Health Psychology: A Textbook*. 4th edition. Open University Press, Maidenhead, 2007. Shelfmark: WB 104 Ogd 2007.
- Scambler G. *Sociology as Applied to Medicine*. 6th Edition. Saunders/Elsevier, Edinburgh, 2008. Shelfmark: WA 31 Soc 2008
- Le Fanu J, *The Rise And Fall Of Modern Medicine*, Revised edition. Abacus, London, 2011
- A book on study skills. Useful forever onwards: may repay rich dividends: at least read one, if you don't buy one. A list follows this page below.
- A book on writing skills. Useful throughout medical course, especially if you do an intercalated degree. Worth reading, if not buying. A list follows this page below.

NB – the main course book for all five years of the course, somewhat useful in year 1 but progressively more so later, is **Davidson's Principles and Practice of Medicine** (Churchill Livingstone). There is no need to buy this for year 1, but if you are lucky enough to have a relative wanting to buy you your main book as a celebration of your entering medical school – and I know this happens a lot because of the 'phone calls I get from such relatives – this would be a great choice, and much more use than the leather-bound editions of Gray's Anatomy that weigh down too many student shelves.

There are plenty of other books that are perfectly good. If you choose to use one other than those here and you find it helpful, please let the Year Director know, as we might then consider recommending it to you colleagues or successors.

Useful books about study and writing skills

TITLE	AUTHORS	YEAR	PUBLISHER	PLACE	ISBN	PRICE (approx.)	COMMENTS
Year 1, Semester 1: Study Skills							
How to succeed at medical school	Evans, Dason Brown, Jo	2009	BMJ Books	London	9781405151399	£15.99	Highly recommended by current medical students, this book covers clinical and communication skills, group working and tips on exam techniques.
The medical student's survival guide.	Cottrell, E	2007	Radcliffe	Oxford	9781846192135	£14.95	Also recommended by current medical students. Written by a foundation doctor, this book is the 'no-nonsense guide to the reality of medical student life.'
The Good Study Guide	Northedge, A.	2005	Open University	Milton Keynes	0749259744	£12.99	Useful book dealing with all aspects of study skills: understanding learning, reading, notes, lectures, writing, preparing for examinations. Well worth reading.
The Study Skills Handbook	Cottrell, Stella	2008	Palgrave Macmillan	Basingstoke	9780230573055	£12.99	Update to date review of all aspects of learning at university; writing, studying, memory, analytical thinking, passing exams.
Reading at University: a guide for students	Fairbairn GJ Fairburh, S	2001	Open University Press	Milton Keynes	9780335203857	£17.99	Short book with lots of ideas on how to make notes effectively. Advice on how to read and evaluate your own writing.
Managing your own learning at university	Moran, Aidan P.	2000	University College Dublin Press	Dublin	1900621584	£10.00	Superb little book, full of priceless information. Strongly recommended to any student of any subject. May be a little difficult to get
Writing at University: A guide for students. 3 rd Edition	Creame, Phillis Lea, Mary R.	2008	Open University Press	Milton Keynes	9780335221165	£15.99	Useful sections on analysis, evaluation, originality.